

Renfrewshire AAA Road Race Championships

Sunday 4th February 2024

Event Information

Inverclyde AC are hosting the Renfrewshire AAA Road Race Championships on Sunday 4th February 2024

Declarations

Battery Park, Eldon Street, Greenock. PA16 7QG

Race Venue

Battery Park, Eldon Street, Greenock. PA16 7QG

Directions

From Glasgow - head down the M8 towards Greenock, join the A8 (Greenock Road) and continue onto the A770 heading through Greenock onto Eldon Street heading towards Gourrock, with the Park approximately 2miles along the road on the right (river) side.

From Ayrshire - through Inverkip on the A78 taking the A770 coast road for Gourrock. Continue through Gourrock town centre on the A770 heading towards Greenock - the Park is approximately 1mile along the road on the left (river) side.

Parking

Within the Battery Park, parking will be available in the public car park just inside the Park immediately in front of the Skatepark on a 'first come first served' basis, with ample parking also available in several streets adjacent to the Park.

Parking beyond the public car park towards the Battery Park Pavilion will be restricted to scottishathletic race officials and St Andrews First Aid only, with barriers and signs in place accordingly.

There is ample (street) parking outside on the nearby roads.

Important!

Entered athletes **MUST NOT** be substituted by non-entered athletes. Non-observance of this leaves the whole field and officials uninsured in the event of an accident, puts the competitor at a health risk as they may be wrongly identified, and makes the results invalid as an historic record.

Changing and Showers

There will be no changing or shower facilities, please come prepared to compete.

Toilets

There are public toilets within the Park.

Race Start Times

- Sen Men and Senior Women (inc U20s) 5 miles - 10.30
- Boys U11 1.6 km - 11.30
- Girls U11 1.6 km - 11.45 ***NB U11s must be minimum age 9 years on the day of the race.***
- U13 Boys and Girls 3 km - 12.00
- U15 Boys and Girls 3 km - 12.30
- U17 Men and Women 4 km - 13.00

All races start and finish within the Battery Park..

The races for the younger age groups (U17 and under) will remain within the confines of Battery Park while the U20/Senior race will incorporate sections of the Greenock Esplanade, i.e., out and back before finishing in the park.

All race distances have been officially measured with chip timing for all races in place on the day.

Event and course maps shall be posted on the **scottishathletics** website and posted on the Battery Park Pavilion near the start area in the Battery Park.

Please note that there are no cash prizes or cash incentives in this event.

The Course

Seniors & U20 – start in the Park, head out to the Esplanade, head back into the Park to finish.
Young athletes – all races within the Park on traffic-free roads.

Race Declarations

Declarations will be in the Battery Park Pavilion

- Seniors & U20 - 9.00-10.00
- All young athletes - 10.00-12.30

Please note that U20 and senior athletes must declare individually and collect their race number and timing chip, with **Team Managers (only please)**, declaring and picking up their junior race packs.

All medal presentations for the races shall take place outside of the Battery Park Pavilion following ratification of the results, which is planned to be within 30mins of all runners completing the race.

Medals will be presented to the 1st, 2nd and 3rd runners from Renfrewshire clubs for each age category: U11, U13, U15, U17, U20, Sen, V40, V50 and V60 (both M&F)

Team medals for 1st, 2nd and 3rd placed Renfrewshire teams will be presented to

U11 Boys (3 counters)	U11 Girls (3 counters)
U13 Boys (3 counters)	U13 Girls (3 counters)
U15 Boys (3 counters)	U15 Girls (3 counters)
U17 Men (3 counters)	U17 Women (3 counters)
Sen Men (6 counters)	Sen Women (3 counters)

1st, 2nd and 3rd individual runners from Non Renfrewshire clubs for age categories: U11, U13, U15, U17, U20, Sen, will be presented medals.

Race Entries

Renfrewshire club contacts will receive a link by e-mail by Friday 12th January for their clubs' race entry details which should be returned ***no later than Friday 26th January.***

Please ask your club members not to submit individual entries.

Any unaffiliated runners and members of non - Renfrewshire clubs wishing to enter can do so via the ProTay System link which will be posted on the Events section of **scottishathletics** under *Renfrewshire AAA Road Race Championships..*

Entry Fees:

- £8.00 for Seniors and Under 20 Men and Women.
- £4.00. for Young Athletes.
- Unaffiliated athletes are welcome to participate but must pay an additional £2 levy on top of the entry fees identified above.

An invoice with payment details will be sent to club captains after the entry closing date. Individual entries from clubs out with RAAA or from athletes not affiliated with a running club will be emailed payment information.

Please note that there will be no late entries (individual or team) accepted on the day.

Please help the organisation of the Championships by entering before the closing date.

If you have any members willing to volunteer as race stewards primarily for the U20/Senior race starting at 10.30, **this would be greatly appreciated.**

Please contact Gerry Gaffney at inverclydeactreasurer@gmail.com if you would like to volunteer

Medals

Individual medals will be presented in the Park shortly after each race.

Team medals (3 counters for all teams) will be presented in the Park as soon as the results have been calculated.

First Aid

Will be located near the Start/Finish area.

Club Tents

An area will be dedicated for a limited number of club tents near the Start/Finish area.

Catering

Tea/coffee rolls and limited baking etc will be available in the Park.

Queries

On the day, please address queries about the race to the Referee or Chief Timekeeper.

Results

Will be displayed on the windows of the Park Pavilion as soon as they are available, and final results will be posted on the Scottish Athletics website. Any queries about the results should be addressed to the Referee on the day.

Note

- Athletes are reminded that the Park is open to the public.
- Please dispose of all litter in the bins provided.
- Please treat other park users with respect, they have just as much right to be there as we do.

Many thanks to all the officials for their invaluable and much-appreciated help and to Inverclyde Leisure staff for their assistance on the day.